

SOLUTIONS

NEWSLETTER OF
MONMOUTH COUNTY FRIENDS OF CLEARWATER

JULY - AUGUST 05 • Vol 21 No 4

TODAY'S TOXIC CHEMICALS MAY AFFECT YOUR GREAT GRANDCHILDREN!

Since the 1940s scientists have known that genes carry information from one generation to the next, and that genes gone haywire can cause cancer, diabetes and other diseases. But new research shows that the environment is more important to health than anyone had imagined. Recent information indicates that toxic effects on health can be inherited by children and grandchildren, even when there are no genetic mutations involved. These inherited changes are caused by subtle chemical influences. This new field of scientific inquiry is called "epigenetics."

Epigenetics is showing that environmental influences can be inherited and may continue to influence the onset of diseases for at least four generations. In other words, the cancer you get today may have been caused by your grandmother's exposure to an industrial poison 50 years ago, even though your grandmother's genes were not changed by the exposure. People should keep this in mind every time they light up a cigarette, call Chem Lawn to spray their dandelions, or dine on mercury laced swordfish.

It is the aim of Monmouth County Friends of Clearwater, that each member in his or her own way touch the people in our community and by word or deed convey the importance of conservation and reparation of the earth. ~

KEEPING AN EYE ON THE BAY

The waters of the Jersey coast, particularly the Raritan and Sandy Hook bays, have always been an area of primary concern to Monmouth County Friends of Clearwater. Over the years we have run many investigations, which have resulted in the discovery of illegal pollution. Our track record includes finding a discharge into the bay from the International Flavors and Fragrances plant in Union Beach which ultimately led to what was at the time the largest environmental fine ever assessed against a New Jersey company. We were also instrumental in bringing about the rapid clean up and sealing of an old landfill in Keyport where tons of trash were eroding into the bay.

We are still keeping an eye on the waters. One surveillance mission was carried out on June 11 with skipper Chuck Oliver providing the wind-powered transportation. Thanks also to Cate McNeill for her diligence in managing to extract relevant discharge data from the dusty files of the NJ Department of Environmental Protection. Other members of the crew included Tim and Marilyn Johnson and Jack Charlton. Samples were collected, tests conducted, and additional tests are planned. There are no results to report yet, but investigations will continue.

A LITTLE HELP NEEDED. A builder has offered to give us an 8' X 14' wooden shed, which will be available "sometime this summer". This shed would go a long way toward alleviating our serious shorting of storage space for the materials we need for our festival. We have an offer of a place to put the shed, but need to arrange to transport it. If anyone knows where we could get the use of a large flat bed trailer, either free or for a reasonable fee, please let us know. The type of trailer that contractors use to move equipment such as a backhoe would be ideal. If you think you could help, please call Jack at 732 870-2232.

IT'S OUR ANNUAL FESTIVAL ISSUE

Monmouth County
Friends of Clearwater



30th Annual
CLEARWATER
Festival

**SEE INSIDE FOR
VOLUNTEER
INFORMATION AND
SIGN UP EARLY!**

**SEPT. - OCTOBER ARTICLE DEADLINE IS
AUGUST 15, 2005**

CAN WE PUT A FESTIVAL SIGN ON YOUR LAWN?

One method we use to publicize the Festival is the use of small roadside signs similar to the ones politicians use at election time. If you live in a location that has reasonable exposure to passing traffic we would greatly appreciate it if you would be willing to let us put a Festival sign on your lawn. The sign would not be put up more than 10 days before the festival and will be removed promptly after. Give us a call at (732) 870-2232 and indicate special restrictions, if any. Many thanks!

QUOTE OF THE MONTH

"I hope that, in the future, commercial space flight will take more civilians into orbit. Then more people would see our earth for what it truly is: a gorgeous planet with finite resources. If you don't fly to space as a conservationist, you'll definitely return as one!"

**Bob Curbean,
NASA astronaut, Houston, TX**

MEMBERSHIP DUES

FEE SCHEDULE

September is the new anniversary month for ALL members. If you happen to join throughout the year please use the chart for your payment

	Individual	Family	LI/SC/S
Sept	\$25.00	\$35.00	\$10.00
Oct	\$22.90	\$32.08	\$9.16
Nov	\$20.80	\$29.16	\$8.32
Dec	\$18.70	\$26.24	\$7.48
Jan	\$16.60	\$23.32	\$6.64
Feb	\$14.50	\$20.40	\$5.80
Mar	\$12.40	\$17.48	\$4.96
Apr	\$10.30	\$14.56	\$4.12
May	\$8.20	\$11.64	\$3.28
Jun	\$6.10	\$8.72	\$2.44
Jul	\$4.00	\$5.80	\$1.60
Aug	\$2.10	\$2.92	\$0.84

Follow the chart to the right to figure out your membership dues amount. Find the month you are paying your membership and this is the pro-rated membership fee that will then renew in September.

GENERAL MEMBERSHIP MEETINGS

UUCM MEETING HOUSE ~ 1475 West Front St, Lincroft

Sundays - July 10, 2005 and August 7th, 2005

2:00 p.m.

Bring a covered dish for our potluck before & after the meeting.

DIRECTIONS TO MEETING:

Directions to Unitarian Church, 1475 West Front Street, Lincroft, N.J.:

From center of Red Bank - Take West Front Street west 4.9 miles to Unitarian Church on your left.

From GS Parkway north or south - Parkway to exit 109. Follow signs for Lincroft or Route 520 west, Continue 1.3 miles to the center of the village of Lincroft then turn right on Middletown-Lincroft Rd.

Proceed 1.4 miles then left at the light at West Front Street. The Unitarian Church is 0.6 miles on your left.

For information call (732) 872-9644.

CALENDAR OF UPCOMING EVENTS

J	U	L	Y
INDEPENDENCE DAY	Mon 4th	Have a safe holiday !	
Festival Mtg.	Wed 6th 7:30 pm	UUCM Meeting House, Lincroft	
Membership Mtg.	Sun 10th 2:00 pm	UUCM Meeting House, Lincroft	
Env. Committee Mtg.	Sun 17th 8:30 am	Cobblestone, Eatontown	
Festival Mtg.	Wed 20th 7:30 pm	UUCM Meeting House, Lincroft	
Board Mtg.	Wed 27th 7:30 pm	UUCM Meeting House, Lincroft	
A	U	G	T
Membership Mtg.	Sun 7th 2:00 pm	UUCM Meeting House, Lincroft	
Festival Mtg.	Wed 10th 7:30 pm	UUCM Meeting House, Lincroft	
Festival Mtg.	Wed 17th 7:30 pm	UUCM Meeting House, Lincroft	
CLEARWATER FEST AT ASBURY	Sat/Sun 20/21	Sunset Park, Asbury	
Festival Wrap-up Mtg.	Wed 31st 7:30 pm	UUCM Meeting House, Lincroft	
Board Mtg.	Wed 31st 7:30 pm	UUCM Meeting House, Lincroft	

Volunteers are desperately needed!

Well we are almost there again. Some of you may already know that our festival is on the 20th and 21st of August. A lot of planning and work is needed to put this event together to make it successful. The Festival committee has been working for many months for this year's festival. But we need your help in order to run the festival. We need people for set up on Friday, Saturday and Sunday any time from 9 am to 9 pm during the festival hours including cleanup as well night hours for peace keeping. Monday we need help with disassembling and putting all the things back into storage.

Give us 4 hours a day of your time and the rest is for you to enjoy the music, food, crafts and so much more.

We hope to see there helping us to do something good for the environment. Please fill out the volunteer form and send it in.

Thank you very much!!!!

We need many different jobs filled to make a successful fest !

Our Clearwater Festival at Asbury Park will soon be upon us! Now is the time to decide what area you would like to volunteer your time to. The festival's success depends on its volunteers. Being a volunteer is a very rewarding experience and it gives you a chance to share your talents and creativity with many others.

As a service to new volunteers we have compiled a list of the areas we need help with. Each has a brief explanation of the basic duties that the job entails. You can call for Elfriede Lamhut using our Hotline number to add your name to the volunteers list - OR Send in the volunteer form included in this issue with your choices in numerical preference.

Please Note: volunteer T-Shirts will be available to all volunteers who reserve in advance. If you wish to purchase a shirt(s) call Elfriede and give her your size preference. Cost will be determined by our cost per shirt.

HOSPITALITY: Handles the food necessities of the volunteers and performers. There is much cooking/chopping and serving done. During the weekend basic foods will be available all day long with a good dinner served each day. This is a

hard working committee that needs volunteers that can "take the heat".

PEACE KEEPING: This is a good area for new festival volunteers. The job of peacekeeper is simply to head off any possible problems between festival goers, assist and answer questions of festival goers and give a helping hand to other festival committees if needed.

RECYCLING: Is an important job. The recycling crew handles the setting up of '3 can' stations for glass, aluminum and other stuff. During the 2 days, the stations must be emptied and new liners put in place. This is an excellent job for the teenagers and "young or young thinking" who don't mind walking around the whole festival area and getting a little dirty.

ACCESS: Volunteers needed to monitor handicapped parking, assist people with mobility impairment and monitor in front of stages and shaded access areas.

ROADIES: One of the main attractions to our festivals the excellent music and performers that grace our stages. There is much to do before and after the sound begins. The sound crew could

use help setting up the stages. Then the stage managers could use roadies to help get groups on and off the stage. Finally in the evening, the sound people could use help to close down and secure the stage.

MEMBERSHIP: Help to sign up new members at our Membership table.

ENVIRONMENTAL DISPLAYS: Help is needed to spruce up displays, erect them in the morning and store them in the evening. During the day you may be fielding questions on MCFC and the environment.

OUR FOOD CONCESSION: We need cooks and servers to sell hot food and cold drinks to the public.

CONSTRUCTION: All hands on deck, starting weeks before. Stages, Ramps, Booths, etc. must be erected the day before the Festival. Friday will be an all

day/night work-party. And don't forget that it all comes down Sunday eve and Monday! You need not be a "handy-person" to help.



2005 CLEARWATER FESTIVAL AT ASBURY PARK – VOLUNTEER FORM

Name Age Phone (H) (B)

Address City State Zip

email address

Have you worked the Festival before? Skills you have useful for the Fest.

T-SHIRT SIZE T-SHIRT QUANTITY

Time available before and after the Fest: Weekends prior to Fest Thurs Aug 16TH Fri Aug 19TH Mon Aug 22nd

FESTIVAL COMMITTEE LIST – Mark in order of your preference (1 most – 10 least) which areas you would like to volunteer for.

ACCESS CHILDREN'S AREA CONCESSIONS CONSTRUCTION ROADIES
 HOSPITALITY PEACEKEEPING RECYCLING ENVIRONMENTAL DISPLAYS

Please Check: I am willing to hang 15 posters in my area. Please send me Clearwater membership information.

PLEASE RETURN FORM TO: 29th Annual Festival, M.C. Clearwater, P.O. Box 303, Red Bank, N.J. 07701

Clearwater Festival
1975-2005
30 years:
singing together
renewing our energy
restoring mother earth

Now you can find us on the WEB: www.clearwaterMC.org
CLEARWATER HOTLINE 872-9644
 For the Latest Clearwater News:

**WE ARE CLOSING IN ON OUR CLEARWATER FESTIVAL,
 IF YOU ARE THINKING OF VOLUNTEERING, PLEASE
 TAKE THE TIME NOW TO SEND IN YOUR VOLUNTEER
 FORM INSIDE THIS ISSUE OF SOLUTIONS !!**

Non-Profit Org.
 U.S. Postage
PAID
 Freehold, NJ
 Permit No. 30

DATED MATERIAL
 P.O. Box 303 • Red Bank N.J. 07701
CLEARWATER, Inc.
 Monmouth County Friends of

We include a membership application to our "mother" organization: Hudson River Sloop Clearwater (on the right). We welcome readers of "Solutions" to not only join Monmouth County Friends of Clearwater (below) - but to also sign-up to be a member of Hudson River Sloop

Yes, I want to help Clearwater in its efforts to reclaim and protect the Hudson River.

I am joining Clearwater I am renewing

<input type="checkbox"/> INDIVIDUAL	\$30	<input type="checkbox"/> MARINER	\$500
<input type="checkbox"/> FAMILY	\$45	<input type="checkbox"/> SAILING MASTER	\$1,000
<input type="checkbox"/> CONTRIBUTOR	\$100	<input type="checkbox"/> BENEFACTOR	\$5,000
<input type="checkbox"/> SPONSOR	\$200	<input type="checkbox"/> STUDENT/LIMITED INCOME	\$10

I am enclosing a check or money order payable to Clearwater.
 Please charge my Visa, MC, Discover, or Amex.
 Please charge my credit card at \$_____ for 12 months for a total of \$_____.

Acct. # _____ Exp. Date ____/____
 Signature _____

All membership contributions re tax-deductible with the exception of \$3.00 for a year's subscription to the Clearwater Navigator.

NAME _____
 ADDRESS _____
 CITY/STATE _____ ZIP _____
 PHONE _____
 EMAIL _____

Send me more information about:
 Volunteering Revival 2000
 Member Sails Education Programs
 Advocacy Sloop Clubs

**Send the Hudson River Sloop Clearwater Application (ABOVE) to:
 HRSC, 112 Little Market Street, Poughkeepsie, NY 12601**

MEMBERSHIP APPLICATION

Please accept my membership application, so that I can help Clearwater in its efforts to clean up our environment and spread the important message of environmental health and protection.

Individual \$25 Family \$35 Low Income/Senior Citizen/Student \$5
 Lifetime-Family \$400 Sponsor \$100
 Lifetime-Individual \$250 Contributing \$50

I am not yet a member, but would like to contribute to this worthy cause.
 My tax-deductible donation is \$

Monmouth County Friends of Clearwater

Check items you would like to get involved with:

<input type="checkbox"/> Environment	<input type="checkbox"/> Fundraisers
<input type="checkbox"/> Boats	<input type="checkbox"/> Grant writing
<input type="checkbox"/> Field Trips	<input type="checkbox"/> Publicity
<input type="checkbox"/> Festival	<input type="checkbox"/> Membership
<input type="checkbox"/> Finance	<input type="checkbox"/> Newsletter
<input type="checkbox"/> Computers	<input type="checkbox"/> other _____



Please tell us your areas of interest/expertise and why you are joining:

..... your e-mail address

Name Phone Date

Address City State Zip

Make tax deductible check or money order payable to: Monmouth County Friends of Clearwater, and mail to: M.C. Clearwater, P.O. Box 303, Red Bank, N.J. 07701